SANDWICHES	TOAST
Breakfast Sandwich7 english muffin, cheddar, egg  Add: Avocado +2 Bacon Jam +2 Prosciutto +4 Smoked Salmon +6 Bagel +2  Chicken Panini	Pumpkin Toast9  pumpkin cream cheese, walnut, baby kale, blood orange balsamic glaze, black pepper  Avocado Toast9  avocado, lemon olive oil, everything bagel seasoning
provolone, arugula	SALAD
Apple Proscuitto Panini13 sourdough, proscuitto, apple butter, smoked gouda, balsamic, baby kale	Seasonal Greens
Turkey Panini	Burrata Salad
Add: Bacon Jam +2  Grilled Four-Cheese8 sourdough, provolone, smoked gouda, muenster, cheddar	Demeter Salad
	Pear Salad13 mixed greens, bosc pear,
PLATES	cranberry, almond, sunflower seed, maple vinaigrette
Lox and Bagel	Add: Chicken +4 Avocado +2 Smoked Salmon +6 Prosciutto +4
Seasonal Bagel7 house pumpkin cream cheese, choice of bagel, bumbleberry farms honey	SOUP
	Tomato Basil
	yukon gold potato, leek, parsnip, onion, smoked gouda

## GRAB + GO

Chec out our daily selection of grab and go items\*\*

\*while quantities last

## HAPPY HOUR

Enjoy daily specials from 2-3pm



COFFEE	SPECIALTY
Drip Coffee       .3         Espresso       3.3         Double       .3.5         Macchiato       3.55         Double       .3.75         Americano       .3.3         Latte       .4.85         Cortado       .3.85	Lavender Oat Milk Latte
Cappuccino4.5 Mocha5.25	BLENDED
Iced Cold Brew Coffee4.25 Nitro Cold Brew Coffee4.65	Blended Coffee6.15  Banana Chocolate Smoothie6.85  Strawberry Honey Banana Smoothie6.95
TEA	SIIIOOTHIE
Chai Tea Latte5.95 Matcha Latte5.95	SEASONAL
London Fog4.95  Hot Tea3.75 daily tea selection  Pour Over Iced Tea4.15 daily tea selection	What Did You Sage About My Cardamom?5.25 Smoked Butter Latte5.25 Burnt Almond Torte
OPTIONS	Latte5.25 Spiced Cider Chai6.25
Syrup+0.85  Extra Shot+0.8  Alternative Milk+1 oat, almond  Olive Oil Orgeat Cold Foam  (Cold Brew or Nitro)+1	-

## GRAB + GO

Check out our daily selection of grab and go items\*

\*while quantities last

## HAPPY HOUR

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